

GIVE A CHILD LIFE KENYA HEIGHTS AND WEIGHTS 2013

Weights and heights were recorded for a total of 61 children age 5 and under in Kiandutu during 2013. The purpose was to monitor the children's health and document whether GCLK's feeding programs were helping maintain their development. In 2013, the local government health center took over weighing and measuring the children. The head physician, Dr. Patrick, was in charge.

| | March | August | November | Total |
|--|-------|--------|----------|-------|
| Total number of children weighed | 22 | 34 | 43 | 61 |
| Number of children with measurements from prior time | | 18 | 22 | |

| | August | November |
|--|--------|----------|
| Percentage of children who gained weight | 56% | 67% |
| Percentage of children who lost weight | 28% | 28% |
| Percentage of children who stayed the same | 17% | 5% |

The weights indicate a substantial increase in the percentage of children gaining weight, from 56% in August to 67% in November. In August, the average weight gain was 1.7 kgs. In November, it was 1.2 kgs. The average weight loss was significantly smaller, -.8 kgs in August and -.7 kgs in November.

Unfortunately, the selection of children for measuring was not entirely accurate. A number of children on the list, for example, were not on the list of GCLK member families. But some had previously been members. Some children were weighed one month and not another; overall, data was collected on 61 children. No height measurements were taken in March.

